

LOVE Your Life!

2014 HEARTS AT HOME CONFERENCES

National Conference
Normal, IL | March 14-15, 2014

Workshops

This is your opportunity to focus on you! Select your workshops based on your life and what you need. Please choose one workshop for each workshop session on the registration form. The pace of your day is up to you and is determined by your lunch choice: you can attend three workshops and have a 2 hour and 20 minute lunch break, or you can attend four workshops and have a 60 minute lunch break.



Julie Barnhill

Julie is a popular speaker and the author of eleven books, including perennial mom favorites: *She's Gonna Blow! Real Help for Moms Dealing With Anger* and *Confessions of an Imperfect Mother*. Julie and her husband, Rick, are the parents of three children and are enjoying empty nest life in Galesburg, Illinois. www.juliebarnhill.com

The Stoopid Years

Sticking with teens through wonky hormones, suspect behavior, and painful indifference—theirs and yours. Ah, yes, the 5-year, 60-month teenage stage of parenting can do a number on you and your teen's objectivity, confidence, and family relationships. Join Julie as she couples personal mom/teen experience (180 months total thus far, but who's counting?) with raw honesty, developmental insights, and much needed humor, which will help you:

- Grasp a basic developmental overview of your teen's emotions and overall makeup—as well as yours as an adult.
- Learn why you need to let your teen 'off the hook'—as well as yourself.
- Identify the "stoopid" ruts of communication between you and your teen.
- Choose to stick with your teen despite "stoopid" behavior on both your parts; choose to show up emotionally, spiritually, mentally, and physically in his life as well as yours.

When Life & Faith Fall Apart: Things I've Learned Since I Knew It All

Have you come to a place (or been brought there kicking and screaming perhaps) where many of the life and faith answers you once so readily dispensed just don't seem to cut it anymore—with yourself? Have you come "undone" by a varying totality of life's relational and spiritual realities: dreams shattered? Kid going off the rails? Church life dead? Spiritual funk? Then exhale, my sweet friend, and join Julie as she shares lessons learned over a 4.5 year long "undone" journey; lessons which will help you:

- Sit in the pain (Seriously, it's more freeing than you can ever imagine).
- Discover (and speak) powerful short-n-sweet truth. Bring your Bible, ladies.
- Identify divinely removed support pilings of your life and faith.
- Identify and restore (perhaps) what has 'slipped' in your life.
- Understand the "In. With. For." relational power of God towards you.



Sally Baucke

Sally has been married for 28 years to her college sweetheart, Craig. Together, they claim three sons ranging in age from 18-24, totaling 600 pounds of grocery-consuming muscle. Sally speaks nationwide and is the author of *What Didn't Kill Me Made Me Funny!* Originally from Chicago, Sally happily resides in Loveland, Ohio. www.funnygalsal.com

Cheers to a Healthy Dose of Vitamin Glee

Want healthier, happier children? Are you interested in building a more cohesive family unit? Would you like to stop being "the bad guy" when it comes to getting your children to do what you want them to do at home? If that describes you, then this workshop is the perfect place to come learn how to do just that. Gleaned from decades of practical experience, Registered Nurse and Funny Gal Sally will make you LOL as you learn how humor can be an *extremely* valuable tool in your parenting bag (and you do *not* have to be a comedian to do it!).



Todd Cartmell

Todd is a full-time child psychologist in Wheaton, Illinois. He is the author of several parenting books, including *Raising Flexible Kids* (ebook); *Project Dad*; *Respectful Kids*; and *Keep the Siblings, Lose the Rivalry*. Todd and his wife, Lora, have two children and live in Geneva, Illinois. You can read Dr. Todd's parenting blog at www.dr todd.net.

Raising Flexible Kids

Do you have kids who argue, badger, and complain when they don't get their way? Weekly? Daily? Minute by minute? Take heart, you are not alone. Join Dr. Todd for this fun, interactive workshop where you will learn not just *why* your kids get mad, but how you can teach them to be *flexible* instead. Flexible thinking is a skill that kids of every age need to learn to handle home, school, and peer situations in a respectful and friendly way. You will learn how to:

- Introduce flexible thinking to kids of all ages.
- Teach your kids the TOP FIVE flexible thoughts.
- Practice flexible thinking with your kids in a fun way.
- Coach your kids "on-the-spot" in real-life situations.

Start teaching your kids to turn off the mad and turn on the flexible today!

Keep the Siblings, Lose the Rivalry

Have your hopes of loving and cooperative sibling relationships been dashed against the reality of arguing, name-calling, and tattling? Loaded with humor and practical steps that you can put to work right away, join Dr. Todd for this workshop that will guide you through a three-part process for building close sibling relationships. You will learn:

- The causes of sibling conflict.
- How to create a nurturing environment.
- A fun way to teach valuable "living together" skills.
- Strategies for making sure that respectful sibling behavior is the only thing that pays off.



Dr. Debbie Cherry

Dr. Cherry is a licensed clinical psychologist, author, and speaker. She is the owner and Chief Psychologist of Eaglecrest Counseling Center. She has authored and co-authored several books including *The Strong-Willed Wife* and *Escaping the Parent Trap*. Dr. Cherry has been the featured guest on more than 40 radio and television programs all across the nation and has hosted her own weekly radio program. She and her husband, Jim, have four children and live near Springfield, Missouri. You can find more information about Dr. Cherry at www.eaglecrestcounseling.com.

The Strong-Willed Wife

Have you ever been accused of being “strong-willed,” “stubborn,” “opinionated,” or “pushy,” but inside you really just feel passionate, determined, motivated, and energetic? Have you ever felt like you weren’t being the “good Christian wife” because you didn’t fit the stereotype of being quiet, meek, and submissive, but all along you knew you loved your Savior passionately and dreamed of doing great things for the Kingdom of God? Dr. Cherry is right there with you! As a strong-willed wife herself, she will challenge you to be all God intended you to be both in and out of your marriage. She will help you:

- Come to terms with your own strong-willed personality and who you are as a Christian as you learn how to celebrate your strengths and how those can be used to bring honor to God and your husband.
- Understand both the strengths and weaknesses of this personality style and where it comes from.
- Identify some of the “myths” about submission that may be holding you back from complete surrender.
- Find practical ways to start relinquishing unhealthy control within your marriage so that your husband can become the leader God intended him to be.

Intentional Parenting

Do you ever feel so overwhelmed with all the responsibilities and activities of life that you wonder if you are burning out as a parent and finding yourself just doing the bare minimum when it comes to your children? Do you often feel like you are living in “survival mode” and find yourself being more “reactive” than “effective” in your parenting and discipline strategies? Dr. Cherry understands there are no “perfect” parents, but anyone can be a great parent with just a few effective tools. She will help you:

- Learn how “intentional parenting” is essential if we hope to “train up a child in the way he should go.”
- Understand the importance of “relationship before rules” if you want your parenting to be effective.
- Identify the four big “no no’s” of parenting and how to avoid them.
- Learn about two major “power tools” every parent should understand and use.



Jerusha Clark

Jerusha is the bestselling author or co-author of ten books, including *Every Thought Captive*, *The Life You Crave*, *When I Get Married*, *Inside a Cutter’s Mind*, and *Living Beyond Postpartum Depression*. With her husband, Jeramy, a discipleship pastor in San Diego, California, Jerusha thoroughly loves raising their two daughters. Jerusha’s ministry passion is to help women more fully glorify and enjoy God.

Winning the Battle in Your Mind

Would you like to tame the crazy thoughts that race through your head every day? Do worries weigh you down or keep you awake at night? Are you ever discouraged about the way you look or bothered by a nagging suspicion that if “that one thing” changed, life would be so much better? Do you ever feel that, no matter how hard you try, it’s just never “good enough?” In this practical seminar, Jerusha will help you:

- Identify and expose lies that keep you from experiencing peace, joy, and freedom.
- Say goodbye to worry and fear.
- Relish the life you have instead of wishing things could be different.

- Love and enjoy your body (Yes...*Your* body!).
- Learn five sure-fire ways to replace negative thoughts with life-giving truths.

How to Turn Your Marriage Into the One You've Always Wanted

What did you think marriage would be like before you said "I do"? Has marriage lived up to your hopes and expectations? Do you believe that your marriage could be stronger, but you don't know how to make that happen? Would you like your marriage to be healthier, happier, and holier? Using a blend of truths, tips, and stories from the trenches, Jerusha will help you:

- Expose the most common misconceptions about marriage, and evaluate how these impact your relationship.
- Debunk marriage myths such as "Being married means always feeling loved and accepted," "Christian marriage automatically equals having a happy Christian family," and "Sex isn't a problem for Christian couples."
- Learn...
 - o How to use the "love window" to improve your marriage both now and in the years to come.
 - o Two truths about sex that can make or break a marriage.
 - o Why having a happy family can't be your ultimate goal, but something greater can.



Dr. Rachel Dalton

Dr. Rachel Dalton is a board certified OB/Gyn in private practice in Bloomington/Normal. She has special interest in fitness, nutrition, adolescent gynecology, and genetic breast cancer risk. Rachel and her husband, Joe, are the parents of 3 children ages 3-9 and reside in Bloomington, IL.

Fad Diets vs. Real Nutrition

In a world of promises and "cookie diets," how is a mom to find real nutrition for herself and her family? Join us as we get to the bottom of REAL nutrition. Dr. Rachel Dalton will help you to:

- Debunk fads and get to the basics of REAL nutrition.
- Discover what's been missing from your family's table.
- Demonstrate practical ways to get more veggies into your family's life.

Taking Care of Mama

We spend much of our life caring for others, but how much do we invest in our own health? Dr. Rachel Dalton will help you:

- Find out what's normal and what's not with your periods, fertility, libido, and menopausal symptoms.
- Realize what is actually accomplished at an "annual exam" and why they're important each year.
- Discover what you can do preventatively NOW to enhance your immunity and overall health.



Linda Dillow

Linda is a widely respected teacher and best-selling author of *Calm My Anxious Heart*, *What's It Like to Be Married to Me*, *Intimate Issues* (with Lorraine Pintus), *Creative Counterpart*, and *Passion Pursuit* (with Juli Slattery). Linda and her husband, Jody, were missionaries in Eastern Europe and Asia for seventeen years where they equipped and trained Christian leaders living in communist countries. Linda is known for her passionate love for God, her mother's heart, and her sparkling sense of humor. In 2012, Linda joined Juli Slattery to co-found Authentic Intimacy, a ministry designed to encourage women in their most intimate relationships. Linda and Jody will celebrate their golden anniversary this year with their four children and ten grandchildren.

Passion Pursuit

In the middle of raising kids, juggling the responsibilities of work, and keeping up with laundry, a passionate sex life sounds like an optional luxury. Linda Dillow and Juli Slattery want to challenge that conclusion. They will help you:

- Understand sex as a powerful source of unity in your marriage.
- Understand why sex is spiritual
- Recognize the enemy's design to destroy your sex life.
- Learn to play offense, not just defense in your sex life.
- Make great sex a reality in your marriage.

Calm My Anxious Heart

Is it really possible for your heart to be calm when you have a toddler flushing the cell phone down the toilet, emails piling up, and a teen who knows more about sex than you do? Join Linda Dillow as she shares how the secret of contentment can make peace in the midst of chaos your reality. Linda will help you:

- Recognize the root of your anxiety.
- Truly surrender your anxiety to God.
- Discover the secret of contentment.
- Experience true peace in the midst of your chaotic life.



Barb Jurgens

Barbara Jurgens is the Referral and Data Coordinator at the Child Care Resource and Referral Network. Barbara speaks to parents and child care providers daily about child care issues. CCRRN was accredited by NACCRRRA (National Association for Child Care Resource & Referral Agencies) in Referral with Barb's help. She is married to Richard and has two grown children. Barbara lives in Towanda, Illinois.

Finding the Best Child Care

Sometimes finding child care that best suits your family can be difficult. Starting your search is always an adventure. Let Barb help you:

- Discover all the options available to you.
- Review your needs and what is best for your child and family.
- Understand indicators of quality care.
- Plan your search.



Dr. Kathy Koch

Dr. Kathy is committed to helping parents love and embrace their children. With Jill Savage, she wrote the new book, *No More Perfect Kids: Love Your Kids for Who They Are*. Thousands are encouraged through her presentations in churches, schools, and conventions. In 1991, she founded Celebrate Kids, Inc., in Fort Worth, Texas. She doesn't have any children of her own but loves helping parents with theirs. Her website is www.CelebrateKids.com, and her blog is www.DrKathyKoch.com.

Renewing the Mind to Make Changes Permanent

Are you frustrated because your children won't or don't seem able to change in ways you want them to? Are you struggling to make improvements and changes permanent in your own life? Change isn't always easy, but it is possible. Dr. Kathy will help you:

- Understand several subtle attitudes and habits that make change difficult so you can determine which ones are relevant for you and/or your kids and how to decrease their effects.
- Embrace the definition of "change" as "exchange."
- Accurately and powerfully apply Scripture so permanent change is more likely.

Help Your Children Choose Wisely

Life is a series of choices and their consequences which lead to new decisions and choices to make. Have you been disappointed in some of the choices your children are making? You're not alone. They need our help. Dr. Kathy will help you:

- Realize why making choices is especially challenging for today's kids.
- Identify standards with which you want your children to make choices and how to help your kids want the same standards.
- Understand how and when to guide kids in big decisions like determining purpose, post high school plans, and relationship issues.



Leslie Leyland Fields

Leslie is an international speaker who has written nine books including *Parenting is Your Highest Calling . . . and Eight Other Myths That Trap Us in Worry and Guilt* and *Forgiving Our Fathers and Mothers: Finding Freedom From Hate and Hurt*. She lives on Kodiak Island, Alaska with her husband of 36 years and the last two of her six children who range in age from 11-25. www.leslieleylandfields.com

"Successful" Parenting or Faithful Parenting?

We all know the statistics about the numbers of young people leaving the church. We wonder, *Is it really possible to impart a lasting faith to our children? And if so, how much of this is God's work and how much is ours?* In this provocative session, Leslie will help you:

- Identify some popular yet dangerous Christian myths about "successful parenting."
- Enlarge your understanding of what God does—and *does not* promise about our kids.
- Give up and lay down the impossible mother-load of guilt, pride, failure, and fear.
- Start living a joyous faith-full life of reliance upon God rather than your children.

Forgiving Our Fathers and Mothers

No matter what our family background is, we've all experienced the hurts that come from sinful parents raising sinful children. How can we be free from those hurts? And how can we pass on blessing to our children when we ourselves were not blessed? Leslie will help you:

- Identify the wounds from childhood and their ongoing impact on your own home.
- Begin the process of forgiving your parents.
- Experience the freedom that comes from forgiveness and mercy.
- Create a culture of forgiveness in your own family.



Crystal Paine

Crystal is a child of God, wife, homeschooling mom of three, author, and speaker. In 2007, she founded MoneySavingMom, a site that has since grown to become one of the most popular blogs on the web with over a million readers per month. Her mission is to challenge women to wisely steward their time and resources and live life on purpose. www.moneysavingmom.com

How to Cut Your Grocery Bill in Half

In this session, Crystal will teach you simple and practical steps to shave 30-50% off your grocery bill. From menu planning and budgeting to clipping coupons and strategic shopping, you'll learn a systematic, simple, and straight-forward approach to see significant savings at the supermarket.

I'd Throw in the Towel - If I Could Only Find a Clean One

Do you feel like your life is one big chaotic mess of mountains of laundry, dishes, and to-do lists? As an author, business owner, blogger, and homeschooling mom of three children, Crystal is well-versed in the juggling act involved in this thing called "mothering." In this session, she'll share practical encouragement and ideas that harried and hurried young moms can implement to restore balance, peace, and order into their lives.



MariLee Parrish

MariLee Parrish is a wife, mom, author, national speaker, and freelance musician. She has authored multiple books including *50 Ways to Improve Your Relationship with Your Husband* and *Proverbs & Praise*. Her testimony is one of heartbreak and depression, but ultimately more about the relentless pursuit of a loving and gracious God who rescued her from a pit of darkness. MariLee graduated from Malone University in Canton, Ohio with a degree in Commercial Music Technology and a concentration in Business Administration. She has been a worship leader for many years and has been involved in ministry for most of her life, teaching Bible studies, leading retreats, speaking to women's groups and leading them in prayer, song and Bible-based messages. She is currently enrolled in the Graduate program at Moody Bible Institute to receive her Masters in Applied Biblical Studies. MariLee lives with her husband and 2 children in the beautiful state of Colorado.

www.marileeparrish.com

The Social Media Conundrum

Facebook, Twitter, Pinterest, Instagram, Blogger....it goes on and on! We all love staying in touch with friends and family near and far, but what happens when it starts to take over your life? MariLee Parrish will help you:

- Balance social media with family responsibilities
- Decide which online sites are the best forms of communication for you
- Limit the drama and superficiality of Facebook communication
- Learn safety tips to keep your family safe on Social Media

Faith Awakening

Is your spiritual life a bit dry right now? Are you desperate to hear from God but not quite sure if He's still listening--or even there? Do you wonder what God's will is for your life? Through her personal testimony, MariLee Parrish will share with you:

- How to connect with God on a moment-by-moment basis
- How to find out God's will for your life
- Ways that God speaks to His people today
- Finding freedom from life's hurts
- How to live a life of peace, joy and hope that will transform your family for generations



Rhonda Rhea

Rhonda Rhea is the author of 12 books, including *Espresso Your Faith* and her newest, *Join the Insanity: Crazy-Fun Life in the Pastors' Wives Club*. Along with her two daughters, she hosts the weekly TV show, "That's My Mom," on Christian Television Network. Rhonda is also a radio personality and a humor columnist and has written two novels with her daughter, Kaley Faith Rhea, the first releasing soon. She has three sons, all in the ministry, and she and her pastor/husband live in the St. Louis area. www.RhondaRhea.com

To Every Season, There Is a Thing

Ever have trouble juggling all there is to juggle in your crazy-amazing season of life? Not only can the busyness be overwhelming, but it seems as soon as you adjust to one phase of life, you're already moving out of that one and into the next. Rhonda Rhea will leave you with a chuckle and an "ah ha" as you ponder how to:

- *balance the busy and master the moment.
- *understand what it means to live in the season you're in.
- *learn to persevere and learn to wait—and when to do which one.
- *find the wisdom to live every season in victory.

O They Tell Me of an Unclouded Brain

When you're talking about brains filled with fluff, Rhonda Rhea says you're officially in her area of expertise. But loving your children and taking care of all the ministries crammed into even the most average day calls for clarity of thinking and clarity of purpose. Rhonda lets you laugh along the way, looking at just how you can think beyond your ability and accomplish everything you're really meant to accomplish as she communicates:

- *how to meet our brains right where they are
- *how to rev up our thinking
- *how to find our focus and then put that focus where it needs to be
- *how to have a fruitful day—and a fruitful life



Jill Savage

Jill speaks to audiences of thousands. She's the author of more than seven books. She's the founder and director of Hearts at Home. Her biggest accomplishment? Being a mom to five beautiful children and Nana to three precious grandbabies. Jill encourages tens of thousands each year at Hearts at Home Conferences and personal speaking engagements. Why is she so successful? Because she's just one of us—a wife and mother trying to make it through each day with the challenges motherhood can present to us. She tells it like it is and doesn't pretend to be an expert—just someone who's been on the journey and lived to tell about it.

www.jillsavage.org

No More Perfect Kids

Your kids are created in God's image, not your own. In this workshop, Jill will equip you with the tools and perspective to:

- Remove the "Perfection Infection" from your parenting.
- Really know each child so you can fully embrace their unique design.
- Release your kids from your unrealistic expectations to allow them to be fully who God designed them to be.
- Answer the core identity questions your kids are silently asking in a way that gives them freedom to be themselves.



Dr. Juli Slattery Juli is a wife, mom of three boys, and clinical psychologist. As a former co-host on the Focus on the Family broadcast, Juli is known for her love for God’s Word and willingness to ask difficult questions. In 2012, Juli and Linda Dillow co-founded Authentic Intimacy, a women’s ministry designed to bring God’s truth to spiritual and sexual intimacy. Juli is the author of several books including *Passion Pursuit* (with Linda Dillow), *Pulling Back the Shades* (with Dannah Gresh), and *Beyond the Masquerade*. Juli is the host of a new podcast for women called “Java with Juli.”

Passion Pursuit

In the middle of raising kids, juggling the responsibilities of work, and keeping up with laundry, a passionate sex life sounds like an optional luxury. Linda Dillow and Juli Slattery want to challenge that conclusion. They will help you:

- Understand sex as a powerful source of unity in your marriage.
- Understand why sex is spiritual
- Recognize the enemy’s design to destroy your sex life.
- Learn to play offense, not just defense in your sex life.
- Make great sex a reality in your marriage.

Could Someone Please Remind Me Who I Am?

You probably feel like you are juggling a lot of roles – mommy, wife, volunteer, friend, daughter... Beneath all the things you DO, have you ever wondered in a quiet moment (if you ever have one) who you really ARE? Be prepared to hear a message on identity that you wouldn’t expect from your average psychologist. Juli will help you:

- Understand why the search for identity consumes you.
- Recognize the difference between the world’s definition of you and what the Bible says.
- Recognize why believing God about who you are is so difficult.
- Get out of the rat race of trying to prove yourself.
- Take practical steps to be rooted in who you really are.



Kendra Smiley

Kendra is a popular speaker and author, passionate about helping others “Make the Next Right Choice.” This former Illinois Mother of the Year is the author of nine books—*Live Free* was released most recently. She and her husband, John, are the parents of three sons and have added three daughters-in-law, six grandgirls, and two grandsons to their family.

Pursuer and Prize--Escape the Chase and *Dance*

A relationship typically begins with one person, the guy or the gal, pursuing and one in the role of the prize. The “chase” is fine for a time, but God wants marriage to be a partnership--a beautiful dance. Kendra and John Smiley will unpack this concept for you by:

- Describing the roles of Pursuer and Prize and how these are initially determined.
- Examining the various reasons the chase may continue long after the “I dos.”
- Pointing out the benefits of moving beyond the initial roles of Pursuer and Prize.
- Helping you see how you and your husband can “escape the chase” and *Dance*!

Recipe for a Positive Attitude

When you want to make something delicious, it's important to use the right ingredients AND follow the instructions. Join Kendra as you learn to stir up something even more delicious than Grandma's coconut cream pie. You will be encouraged to:

- Choose to praise someone else.
- Choose to be flexible.
- Choose NOT to worry.
- Choose to give and forgive.
- Choose to respond, not react.



Linda A. Smith

Linda is the training coordinator for the Child Care Resource and Referral Network. She is part of the Illinois Trainer Network Associate and trains child care providers throughout the state of Illinois. Linda owned and operated a family child care business for 11 years. She and her husband Gerry are the parents of 4 children and have 1 grandchild. Gerry and Linda reside in Bloomington, Illinois.

Opening the Door to a Family Child Care Business

If you've ever considered starting your own child care business, this workshop is for you. Linda will bring years of personal experience and training to help you move your thinking into a reality. Linda will:

- Provide tips on how to get started.
- Demonstrate the steps you need to take to become trained and certified.
- Review the pros and cons to starting your own child care business.



Jeralyn Thielen (NATIONAL ONLY)

Jeralyn's unique speaking style often gets her audience up and out of their seats as they actually get to participate in what she's speaking about. Her years as a classroom teacher have impacted the way Jeralyn speaks to groups of women. Whether she has her audience making dresses out of toilet paper, competing in relay races, cooking, or combining ingredients to make chemical reactions, her audience not only hears her message but has a visual and hands-on memory of her lessons that will last for years. Jeralyn has been involved in women's ministry for over 20 years. As a result, she developed a passion for encouraging other women on the topics of friendship, motherhood, and leadership roles. She and her husband make their home in the booming metropolis of Chenoa, Illinois and have two teenage daughters.

A Girlfriend's Guide to Grace

Whether a friendship is a close, best-friend type or more of a casual-acquaintance type, as women, we all desire to have healthy friendships. Using visual and humorous demonstrations, we will address some of our tendencies and proclivities we have as women and how they can affect and hinder our ability to be the type of friend God has called us to be. Through laughter, yet revealing some poignant truths, this session will help you:

- Understand what being a Godly friend looks like.
- Avoid tendencies that can hinder healthy friendships.
- Recognize characteristics of healthy relationships through hands-on activities.

Devotional Fun

Do you often struggle trying to get your school-age kids, preteens, and teenagers into the Word? Have you been looking for the perfect devotional book for your kids that will encourage and challenge them on the issues that are most relevant to

them and your family? Who knows what those challenges are better than you! As a mom, you can “author” your very own devotionals and create Bible activities that are perfectly suited for your kids! This session will help you:

- Learn creative ways to help make getting into God’s Word a fun and desired activity for your kids.
- Experience games and activities from a “players” perspective.
- Create templates to help you design your own devotions and activities.



Angela Thomas

Angela is the best-selling author of over 16 books including: *Choosing Joy*, *52 Things Kids Need From a Mom*, *Do You Know Who I Am?*, *Do You Think I’m Beautiful?*, and *My Single Mom Life*. Known for her passionate heart and story-telling humor, Angela is a gifted Bible teacher who speaks to thousands of women each year. Angela graduated from the University of North Carolina at Chapel Hill and Dallas Theological Seminary. She has filmed and written five DVD Bible studies with LifeWay including *Brave* and *When Wallflowers Dance*. Her sixth LifeWay study called *Stronger* released in June 2013. Living in Greensboro, North Carolina, Angela is wife to Scott Pharr and mother of four, make that five. Their family recently added a 17-year old exchange student from Africa.

52 Things Kids Need From a Mom

Moms, do you need inspiration? Encouragement? Affirmation? Angela speaks from personal experience and shares biblical principles to help you raise healthy, responsible kids and establish strong family ties. Whether you have one baby or six children, you’ll enjoy insightful stories, practical information, and loads of encouragement. You’ll discover how to lead with God’s love and grace and create family moments that will be recalled with delight for years to come. Some of what she might share would be to:

- Make your children feel loved and secure.
- Teach and encourage communication.
- Establish a positive, wholesome atmosphere.
- Know when and how to correct behavior and set consequences.
- Help your kids persevere and succeed.